

PATIENT INFORMATION

Ear lobe repair

For split, torn or stretched ear lobes
Under local anaesthetic

Mr Siva Kumar Veeramani

Consultant Plastic, Reconstructive and Cosmetic Surgeon
MBBS BMedSci MRCSEd MBA FRCSEd (Plast.) · GMC 6114710



The Ü Clinic
Sevenoaks & Oxted

Version 1.0
October 2026

Contents

This booklet explains ear lobe repair and how to look after your ear afterwards.

01	Why you have this booklet	3
02	What ear lobe repair is	3
03	Is it right for you?	3
04	The procedure	4
05	Recovery	4
06	Risks and complications	4
07	Further treatment	5
08	Photographs and records	6
09	Costs and time to think it over	6
10	Your decision	6
11	Your personal information	6
12	Who to contact, and when to get help urgently	7
13	What happens next	7

01 Why you have this booklet

You've been given this booklet because you've talked to Mr Kumar about repairing an ear lobe, or you're about to.

It explains what the procedure involves, and the risks and recovery.

It won't answer every question, and it isn't a substitute for talking things through with Mr Kumar, so please note down anything you want to ask and bring it to your next appointment. There is space for your questions at the back.

02 What ear lobe repair is

Ear lobes can tear or stretch from heavy earrings, an earring being pulled, or gauges and stretchers. Once split, they won't heal back together on their own.

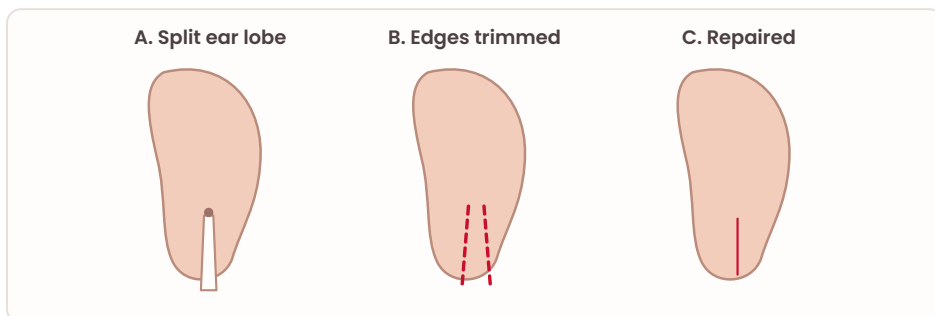


Figure 1. A split ear lobe, the edges trimmed, and the repair. A simplified drawing for guidance only.

Under local anaesthetic, the skin lining the split or stretched hole is trimmed away and the fresh edges are carefully stitched together. A small zig-zag or flap is sometimes used to avoid a notch at the edge of the lobe.

03 Is it right for you?

What the procedure won't do

- ⊖ **You can't wear earrings in that lobe straight away.** Re-piercing is usually possible after about 12 weeks, slightly away from the scar.

Please tell Mr Kumar if you have, or have had

- a tendency to keloid or thickened scars
- blood thinners
- allergies to local anaesthetic or dressings

04 The procedure

The procedure takes about 30–45 minutes under local anaesthetic. You are awake and the area is numb. Fine stitches close the lobe, and a small dressing is applied. You go home straight afterwards.

05 Recovery

When	What to expect
Day 1	Mild soreness, helped by simple painkillers.
Days 5–7	Stitches removed, or they dissolve.
Weeks 2–4	The scar settles and becomes less pink.
12 weeks	Re-piercing is usually possible, slightly away from the scar.

06 Risks and complications

Most people recover without any serious problems. But like any procedure it carries risks, and you should understand them before you decide. Where reliable published figures exist, we've given an approximate, rounded figure. Where they don't, we've used these standard terms:

COMMON

more than 1 in 100

UNCOMMON

1 in 100 to 1 in 1,000

RARE

1 in 1,000 to 1 in 10,000

VERY RARE

fewer than 1 in 10,000

Your own risk may be higher or lower depending on your health, whether you smoke, and the details of your procedure. Mr Kumar will talk through what applies to you.

What almost everyone experiences

These aren't really complications. They're a normal part of healing.

- Mild soreness and swelling for a few days.
- A fine scar on the lobe.

Other complications

- **A small notch at the edge of the lobe** **UNCOMMON**
Can usually be improved if it bothers you.
- **Infection** **UNCOMMON**
Usually treated with antibiotics.
- **Thickened or keloid scar** **UNCOMMON**
More likely in people prone to keloids, and can need treatment.
- **The lobe tearing again** **UNCOMMON**
Avoid heavy earrings in the repaired lobe.

Complications of the anaesthetic

Local anaesthetic is very safe. It stings briefly as it goes in. Rarely it causes light-headedness, and very rarely an allergic reaction. If you have a general anaesthetic or sedation, your anaesthetist will discuss the risks with you separately.

07 Further treatment

Occasionally a further procedure is needed to refine the result, for example if healing leaves an area uneven or a scar needs revising. This isn't usually considered until things have fully settled, often 6–12 months afterwards. The cost of any further procedure isn't automatically included in your original fee; the clinic team can explain our policy.

08 Photographs and records

Photographs are taken before and after your procedure and kept in your medical records. They help Mr Kumar plan your treatment, record how things looked beforehand and follow your progress. This is standard good practice. If we ever want to use your photographs for teaching, publication or marketing, we will ask you separately and specifically, and saying no won't affect your care in any way.

09 Costs and time to think it over

You'll receive a written quote covering your treatment, aftercare and any follow-up included in the price, together with our deposit and cancellation policy. Self-pay consultations cost £250 and follow-ups £150.

Time to think it over

We recommend waiting at least two weeks between your consultation and your operation. This follows good practice for cosmetic surgery, and gives you time to think things over and ask more questions. You can change your mind at any point before surgery, even on the day, and you don't need to give a reason.

10 Your decision

This is your decision and you have the right to:

- ✓ take as long as you need to decide, and bring someone with you to appointments
- ✓ say no to treatment, or withdraw your consent at any stage, without having to explain why and without it affecting any other care you receive
- ✓ ask for a second opinion from another surgeon.

11 Your personal information

Your personal and medical information is kept securely and used in line with UK data protection law (the UK GDPR and the Data Protection Act 2018). It's only shared with the people directly involved in your care, or where the law requires it, unless you give your consent for anything else.

12 Who to contact, and when to get help urgently

If you have any questions or worries, please contact the clinic during opening hours on **020 3026 9695** or **info@theuclinic.com**.

Contact us promptly if you have

- redness that is spreading, discharge or a temperature
- bleeding that doesn't stop with 10 minutes of pressure

Out of hours, your emergency contact number will be given by the treating hospital or clinic.

13 What happens next

Before your procedure, Mr Kumar will go through this information with you again and take your written consent. If anything in this booklet has raised a question, or if anything changes with your health, your weight or your medication before then, please let us know.

My questions

Note down anything you want to ask Mr Kumar and bring it to your next appointment.

Notes

Notes

Notes

Questions or worries?

Please contact the clinic during opening hours. Out of hours, your emergency contact number will be given by the treating hospital. In an emergency, call 999.

Telephone	020 3026 9695
Email	info@theuclinic.com
Sevenoaks	The Ü Clinic, 74 London Road, Sevenoaks TN13 2DN
Online	mrsivakumar.com

Mr Siva Kumar Veeramani is a Consultant Plastic, Reconstructive and Cosmetic Surgeon. GMC 6114710.

